

Kimyasal Bileşimi	%	Total Amino Asit Bileşimi	g/100g
Protein	15.98	lysine	0.47
Yağ	60.51	histidine	0.74
Doymuş	4.76	arginine	1.69
Tekli doymamış	50.32	aspartic asit	1.58
Çoklu doymamış	5.43	threonine	0.46
Su	4.45	serine	0.58
Kül	2.23	glutamic asit	3.72
Karbonhidrat	16.83	proline	0.59
Şeker	3.58	glycine	0.97
Enerji (kcal)	672	alanina	0.67
		cysteine	0.45
		valine	0.67
Yağ Asitleri Bileşimi	%	methionine	-
Myristic (C14:0)	0.03	isoleucine	0.59
Pentadecanoic (C15:00)	0.02	leucine	0.99
Palmitic (C16:0)	4.86	tyrosine	0.43
Margaric (C17:0)	0.04	phenylalanine	0.79
Heptadecenoic (C17:1)	0.07	asparagine	-
Stearic (C18:0)	2.74	glutamine	-
Oleic (C18:1w 9)	82.72	glycerophosphoethanolamine	-
Linoleic (C18:2w 6)	8.89	tryptophan	0.03
Linolenic (C18:3w 3)	0.10		
Arachidic (C20:0)	0.14		
Gadoleic (C20:1w 9)	0.16		
Behenic (C22:0)	0.03	Şeker Bileşimi	g/100g
Erucic (C22:1w9)	0.03	Fructose	0.142
Lignoceric (C24:0)	0.01	Glucose	0.111
Nervonic (C24:1w 9)	0.02	Sucrose	2.667
palmitoleic (C16:1)	0.16	Myo-inositol	0.041
		Raffinose	0.135
		Stachyose	0.481
		Toplam	3.576
Mineral Bileşimi	(mg/100g)	Organik Asit Bileşimi	g/100g
Aluminyum (Al)	5.023	Oxalic	0.06
Cadmium (Cd)	0.011	Citric	0.70
Calcium (Ca)	193.4	Malic	3.86
Chromium (Cr)	0.003	Lactic	0.43
Cobalt (Co)	0.220	Acetic	0.12
Copper (Cu)	1.603	Ascorbic	0.00
Iron (Fe)	4.967	Toplam	5.17
Lead (Pb)	0.030		
Manganese (Mn)	3.293		
Magnesium (Mg)	176.5		
Nickel (Ni)	1.247		
Phosphorus (P)	355.7		
Potassium (K)	761.0		
Silver (Ag)	0.005	Fitosterol Bileşimi	mg/100g oil

Sodium (Na)	3.133	Cholesterol	0.00
Vanadium (V)	0.077	Campesterol	7.15
Zinc (Zn)	1.940	Stigmasterol	0.89
		b-Sitosterol	105.48
Vitaminler	(mg/100g)	Toplam	113.52
Vitamin E	33.9		
Thiamin (B1)	0.3		
Riboflavin (B2)	0.1		
Pyridoxine(B6)	0.3		
Niacin	1.8		